

CRUISE PORT of Mo i Rana



Mo i Rana
Havn KF

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Mo i Rana – The Arctic Circle City

Mo i Rana is located closer to the Arctic Circle than any other city in Norway.

The Arctic Circle City is surrounded by beautiful landscapes that feature fjords, mountains, wondrous caves, the second largest glacier in Scandinavia and one of the largest national parks in Norway.

As a port of call, Mo i Rana offers a wide range of attractions to cruise passengers in both winter and summer. In the wintertime you can gaze upon the northern lights, and in summer you can behold the wonder of the midnight sun.





Attractions & excursions

Here are some of the attractions and excursions on offer while your ship is docked in Mo i Rana. Changes can be made to suit any timetable or group size. If you're interested in something from our region that you don't see listed here, please feel free to ask!



The Arctic Circle and Sami culture

The Arctic Circle is situated about one hour from Mo i Rana, and creates a natural boundary between the Saltfjellet mountain range and Svartisen National Park. This trip also includes a visit to a traditional Sami household in Saltfjellet.



Accessible either by bus, or a combination of train and bus.

CAPACITY: 25-200 persons.

DURATION: 5-6 hours

Caves: Grønligrotta and Sætergrotta

Grønligrotta and Sætergrotta, two of the largest caves in Mo i Rana, were formed by water and ice over a period of 700,000 years and were the most visited limestone caves in the 20th century. Don't miss this exciting opportunity to visit the earth's inner core!



This excursion is by bus.

CAPACITY: 25-100 persons.

DURATION: 3 hours





Take a Walk Through History and Marvel at Nature

History comes alive in the charming town of Mosjøen, whose well-preserved buildings from the 19th century create a colourful backdrop to this little town's contemporary urban life. This tour also includes a lunch that will transport you back in time as you dine in the oldest hotel in North Norway: the 224 year-old Fru Haugans Hotel. Also included is a breath-taking drive through the magnificent local landscape.



Accessible either by bus, or a combination of train and bus.

CAPACITY: 25-100 persons.

DURATION: 5-6 hours





City Sightseeing in Mo i Rana

Moholmen, the historic district of Mo i Rana, is an oasis in the city centre. Strolling here is like taking a trip back in time, far from the modern hustle and bustle. The oldest buildings in Moholmen date back to the 18th century, and the area is a living museum of the era prior to the arrival of industry. Mo i Rana also has a long

history as an iron ore-mining town, dating back to the 19th century, and is now home to the most modern industrial area in Norway.

This excursion is by bus and features a walking tour.

CAPACITY: 25-200 persons.

DURATION: 2 hours





Stenneset Open-Air Museum

Stenneset is an open-air museum located just outside the city centre where you can learn about local history, sample local food, and participate in various activities. The trip also includes a short walking tour.



This excursion is by bus.

CAPACITY: 25-150 persons.

DURATION: 2 hours

Skillevollen Idrettspark (Activity Park)

Skillevollen Idrettspark is an activity park open all year round. In winter, it offers skiing, snowshoeing, sledding, igloo building and ice-skating. In summer, roller blading, biking and hiking in a variety of terrains are the order of the day, as well as much, much more.



This excursion is by bus.

CAPACITY: 25-100 persons.

DURATION: 2-3 hours





Combination Kayak and Bicycle Tour

This tour gives groups two ways of enjoying one of our local calm rivers. Groups will be divided into two – half will travel by bicycle along the river, and the other half will go by kayak. At the river's end there will be coffee over an open fire and a demonstration of how we make use of the nature in our area. Groups will then switch activities to travel back to the bus.



This excursion is by bus from ship to the river and back.

CAPACITY: 15-30 persons.

DURATION: 2-3 hours

Grønsvik Fort - Coastal Fort From World War II

In the village of Stokkvågen on the coast of Helgeland, you can visit one of 35 coastal fortifications built in Norway during the Second World War. Along with marvellous views of the coast, you will learn a great deal of the history of the area as you travel through the bunkers and a museum.



This excursion is by bus.

CAPACITY: 20-100 persons.

DURATION: 4 hours



One Excursion, Two Countries: Norway and Sweden

Starting in Mo i Rana, you will take a bus to Hemavan / Tärnaby in Sweden, an extremely popular winter destination.

Summertime offers the chance to view the area's vast botanical treasures and local culture.

Lunch will be served at one of the restaurants in Hemavan, where you will also hear the story of Swedish downhill champions Ingemar Stenmark and Anja Persson.



This excursion is by bus.

CAPACITY: 20-100 persons.

DURATION: 6 hours

Visit an Atlantic Salmon Farm or the Mining Industry

Mo I Rana has a rich industrial history, which began with Thomas Edison's experiments with iron ore mining. Mining still remains one of the most important industries in

Mo I Rana's inland. Along the coast the Salmon are king, and the source of the area's biggest industry. A visit to either of these will provide insight into the industrial history of the region.



This excursion is by bus.

CAPACITY: 20-100 persons.

DURATION: 3-6 hours, by request



Northern Lights and the Midnight Sun

Just beneath the Arctic Circle, from September through March, it is possible to see the breath-taking spectacle of the northern lights.

In the summertime, from the middle of June to the middle of July, you can witness the Midnight Sun.

Both phenomena are equally amazing.

These trips will place from 21:00 (9:00 PM) until approximately midnight.



This excursion is by bus.

CAPACITY: 20-100 persons.

DURATION: 3 hours

Port facilities

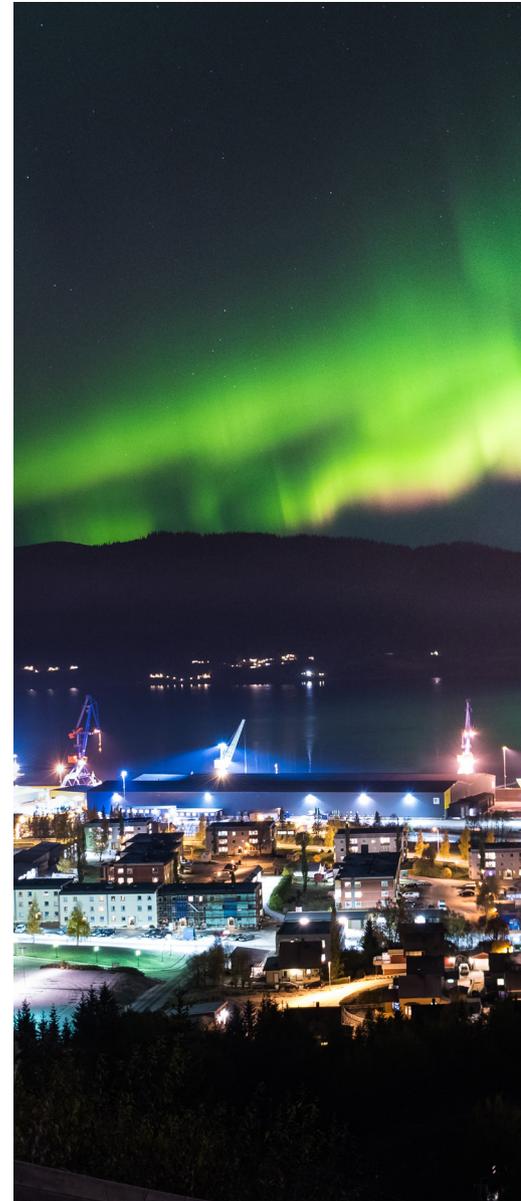
- ⚓ Quay length: 330 metres
- ⚓ Depth SLW: 8 metres
- ⚓ Open
- ⚓ ISPS approved
- ⚓ 2.43 metres tidal difference
- ⚓ Ship tenders are allowed
- ⚓ Minimum/maximum stay for ships: No limitations
- ⚓ Maximum number of ships per day: 2
- ⚓ Maximum number of passengers per day in port: 2000
- ⚓ No environmental limitations/restrictions

Maximum Ship Dimensions

- ⚓ Length: 265 metres
- ⚓ Draft: 8 metres along the pier
- ⚓ Air draft: no limitations
- ⚓ Beam: 40 metres

Anchorage and Port Services

- ⚓ Anchorage is available
- ⚓ 1 small and 1 large tug boat
- ⚓ Bunkers: No
- ⚓ Supplies: Yes
- ⚓ Fresh water: Yes
- ⚓ Buses: Yes, but must be ordered as a shore service
- ⚓ Taxi: Yes
- ⚓ Shopping: 0.5 km
- ⚓ Airport: 15 km
- ⚓ Train Station: 0.6 km
- ⚓ City centre: 0.5 km









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Port facilities



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